



REPORT ON WORLD NO TOBACCO DAY

Date: 31st May 2025

Venue: BMS College of Commerce and Management (BMSCCM) Campus

Organised by: NSS Unit, BMSCCM

Programme: Awareness Session on Tobacco Use and Its Health Hazards

Resource Person: ASI Sridhar, V.V. Puram Police Station

The NSS Unit of **BMS College of Commerce and Management (BMSCCM)** observed **World No Tobacco Day on 31st May 2025** by organising an awareness session for NSS volunteers at the BMSCCM campus. The programme was conducted by **ASI Sridhar from V.V. Puram Police Station**, with the objective of creating awareness about the harmful effects of tobacco consumption and the serious health and social consequences associated with tobacco use.

The session focused on educating the NSS volunteers about the dangers of tobacco consumption and the various diseases and premature deaths that can be prevented by avoiding tobacco products. The resource person highlighted the importance of making informed and responsible choices and encouraged the volunteers to spread awareness about the harmful effects of tobacco among their families, friends and the wider community.

The programme provided an opportunity for the NSS volunteers to understand the importance of tobacco prevention and their role in promoting a healthier society. The session was organised under the mentorship of Dr. Manu H. Natesh, HOD, Department of Commerce, and Mr. Kiran Kumar M.N., HOD, Department of BCA.

Objectives of the Event

1. **To create awareness** among students and NSS volunteers about the harmful effects of tobacco consumption.
2. **To educate participants** about the health risks, diseases and premature deaths associated with tobacco use.
3. **To promote tobacco-free lifestyles** and encourage young people to make healthy and responsible choices.
4. **To develop social responsibility** among NSS volunteers by encouraging them to disseminate anti-tobacco awareness within the community.



Outcome of the Event

The awareness session successfully enhanced the knowledge of NSS volunteers regarding the harmful effects of tobacco and its long-term consequences on individual and community health. The participants gained a better understanding of the importance of preventing tobacco use and adopting healthier lifestyles.

The programme also strengthened the sense of **social responsibility among NSS volunteers**, motivating them to act as ambassadors of awareness and communicate the dangers of tobacco use to their peers, families and the community. The session contributed towards promoting a **health-conscious and tobacco-free environment** within and beyond the institution.

The event was successfully conducted with the active participation of the NSS volunteers and the guidance and support of the faculty mentors and resource person.

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**List of Student Participated**

Sl. No	Name of the participants	Registration Number
1	A Yeshwanth	U18IN25C0001
2	Abhishek E	U18IN25C0004
3	Amrutha Brinda M P	U18IN25C0007
4	Anuj Chetry	U18IN25M0013
5	Anusha P	U18IN25M0014
6	Arpitha J	U18IN25M0015
7	Haarini V	U18IN25S0013
8	Harshitha K	U18IN25S0014
9	Hemanth K S	U18IN25S0015
10	Hemanth S	U18IN25S0016
11	Jeevan G	U18IN25S0017
12	K B Lokeshwari	U18IN24C0058
13	Kaddipudi Adil	U18IN24C0061
14	Keerthana N	U18IN24C0064
15	Kishan S	U18IN24C0067
16	Kushal	U18IN24C0070
17	Lipika Nagesh	U18IN24C0073
18	M Priyanka	U18IN24C0076
19	Manya K N	U18IN24C0079
20	Mohamed Kamran Khan	U18IN24C0082
21	N Vijay Yogeshwar	U18IN24C0088
22	Nanditha C	U18IN24C0091
23	Nishchitha T S	U18IN24C0094
24	Nithara G Thammaiah	U18IN24C0097
25	Pujita Padmanabh	U18IN24M0075
26	R Kushith	U18IN24M0077
27	Ramya M	U18IN24M0079
28	Rinku Jain M	U18IN24M0081
29	Rohith Sujay Kumar	U18IN24M0083
30	S Ullas	U18IN24M0085
31	Samarth A Manvi	U18IN24M0087
32	Sanjay M J	U18IN24M0089
33	Shravya S	U18IN24M0091
34	Sonia K	U18IN24M0093
35	Sushanth R Dikshith	U18IN24M0095
36	Tejasvi S	U18IN24M0097
37	Yashwanth Gowda M	U18IN24M0101
38	Sahana C Shastry	U18IN24S0040
39	Samskrut S	U18IN24S0041
40	Sanjay C	U18IN24S0042



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41	Shanthiv B	U18IN24S0043
42	Shashank G	U18IN24S0044
43	Shree Gowri B K	U18IN24S0046
44	Shreyas S Kulkarni	U18IN24S0047
45	Shriya Acharya	U18IN24S0048
46	Sneha H S	U18IN24S0049
47	Sri Shashank S	U18IN24S0050
48	Srinivas B	U18IN24S0051
49	Subhash S	U18IN24S0052
50	Sushith S	U18IN24S0053
51	Tarun U	U18IN24S0054
52	U Tharun	U18IN24S0055
53	V Ankitha	U18IN24S0056
54	Varshini M	U18IN24S0057
55	Vishnu Jadav S	U18IN24S0058
56	Namratha K H	U18IN24S0059
57	Sai Srujan H	U18IN24S0060


Mrs. Tejashwini T.S.

NSS-Programme Officer


Dr. Pankaj Choudhary
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